

III DUATHLON & RUNKIDS – OPINOGÓRA 2022

Organizator: Stowarzyszenie Sportowe „Runners Team”

Data: 2022-09-24

Dystans: Sprint (5 km-25km-2,5 km)

Klasyfikacja

OPEN



MSC.	NR ZAW.	NAZWISKO IMIĘ	KRAJ	ROK	KLUB	MIEJSCOWOŚĆ	KATEGORIA [wiekowa]	MSC. [kat wiek.]	Bieg	T1	Rower	T2	Bieg	CZAS [netto]	CZAS [brutto]	MSC. [M]	MSC. [K]
1	57	CEBERAK Maciej	POL	1990	Coach Ceberek	WARSZAWA	M(30-39)	1	00:19:35 (1)	00:00:32 (1)	00:32:52 (1)	00:00:38 (6)	00:10:38 (4)	01:04:15	01:04:17	1	
2	63	OLEJNIK Bartosz	POL	1993	SPORTGAS	OPOCZNO	M(18-29)	1	00:19:51 (2)	00:00:35 (2)	00:36:20 (7)	00:00:33 (1)	00:10:23 (1)	01:07:42	01:07:44	2	
3	54	BONIEWSKI Kamil	POL	1986	KK Zaluski Team	GLINOJECK	M(30-39)	2	00:21:07 (4)	00:00:46 (10)	00:35:05 (5)	00:00:35 (3)	00:10:33 (3)	01:08:06	01:08:09	3	
4	29	SZARMACHER Sebastian	POL	1983	SzarmacherTeam	DZIAŁDOWO	M(30-39)	3	00:20:27 (3)	00:00:59 (25)	00:35:33 (6)	00:00:43 (12)	00:10:52 (5)	01:08:34	01:08:36	4	
5	42	WRONECKI Kamil	POL	2000		WŁOSZCZOWA	M(18-29)	2	00:21:08 (5)	00:00:50 (15)	00:36:43 (8)	00:00:38 (6)	00:10:24 (2)	01:09:43	01:09:46	5	
6	7	KAZANECKI Tomasz	POL	1976	Twister Team	LEGIONOWO	M(40-49)	1	00:22:10 (11)	00:00:39 (5)	00:34:46 (4)	00:00:45 (14)	00:11:47 (14)	01:10:07	01:10:10	6	
7	74	OSOWSKI Adam	POL	1982	Rozbiegane Działdowo	KISINY	M(40-49)	2	00:22:58 (16)	00:00:39 (5)	00:33:52 (3)	00:01:00 (30)	00:11:55 (16)	01:10:24	01:10:27	7	
8	72	JOPKIEWICZ Karol	POL	1996			M(18-29)	3	00:23:10 (18)	00:00:47 (13)	00:33:31 (2)	00:00:50 (19)	00:12:51 (27)	01:11:09	01:11:12	8	
9	13	PIETRAK Marcin	POL	1986	Kamyk Radzymin MTB Team	WARSZAWA	M(30-39)	4	00:22:23 (12)	00:00:53 (19)	00:36:55 (11)	00:00:40 (10)	00:11:24 (9)	01:12:15	01:12:17	9	
10	77	GRACZYKOWSKI Jakub	POL	1988	GVT BMC / Rozbiegany Konferansjer	BYDGOSZCZ	M(30-39)	5	00:21:22 (7)	00:01:09 (37)	00:37:41 (17)	00:01:05 (37)	00:11:04 (7)	01:12:21	01:12:24	10	
11	48	SAWICKI Michał	POL	1982		STARA IWICZNA	M(40-49)	3	00:21:20 (6)	00:01:53 (63)	00:36:55 (12)	00:01:26 (58)	00:11:01 (6)	01:12:35	01:12:41	11	
12	26	ZABOROWSKI Marcin Zaborowski	POL	1983	Barbell garage triathlon Team	PLOŃSK	M(30-39)	6	00:21:45 (8)	00:01:09 (36)	00:37:21 (15)	00:01:11 (46)	00:11:36 (12)	01:13:02	01:13:04	12	
13	75	KUBAJEWSKI PAWEŁ	POL	1989	IRON TRUCKER		M(30-39)	7	00:23:06 (17)	00:00:39 (5)	00:37:18 (14)	00:00:37 (5)	00:11:30 (11)	01:13:10	01:13:13	13	
14	22	RZEŃNIK Przemysław	POL	1993		CZERNICE BOROWE	M(18-29)	4	00:22:03 (9)	00:00:38 (3)	00:38:42 (22)	00:00:34 (2)	00:11:25 (10)	01:13:22	01:13:26	14	
15	79	POMASKI Paweł	POL	1988			M(30-39)	8					01:13:27 (65)	01:13:27	01:13:27	15	
16	39	GRUBA Remigiusz	POL	1980		PIASECZNO	M(40-49)	4	00:22:54 (14)	00:01:00 (29)	00:37:32 (16)	00:00:51 (21)	00:11:37 (13)	01:13:54	01:14:02	16	
17	76	TUMIEL Marcin	POL	1982	Chorzelska Moc Tri	CHORZELE	M(40-49)	5	00:23:39 (22)	00:00:38 (3)	00:36:48 (9)	00:00:39 (9)	00:12:11 (19)	01:13:55	01:13:59	17	
18	73	MATUSZEWSKI MARCIN	POL	1991		SIEDLCE	M(30-39)	9	00:22:08 (10)	00:00:52 (18)	00:38:46 (23)	00:00:54 (23)	00:11:20 (8)	01:14:00	01:14:04	18	
19	65	CHOWANIEC Sebastian	POL	1987	Romet Factory Team	NOWY DWÓR MAZOWIECKI	M(30-39)	10	00:23:20 (19)	00:00:55 (21)	00:37:00 (13)	00:00:50 (19)	00:13:01 (29)	01:15:06	01:15:14	19	
20	32	ZIÓLKOWSKI Dariusz	POL	1980	Timbud Team	TRĘBKI NOWE	M(40-49)	6	00:24:21 (24)	00:00:59 (27)	00:36:51 (10)	00:01:05 (38)	00:12:31 (22)	01:15:47	01:15:55	20	

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MSC.	NR ZAW.	NAZWISKO IMIĘ	KRAJ	ROK	KLUB	MIEJSCOWOŚĆ	KATEGORIA [wiekowa]	MSC. [kat. wiek.]	Bieg	T1	Rower	T2	Bieg	CZAS [netto]	CZAS [brutto]	MSC. [M]	MSC. [K]
21	35	DOBRZYŃSKI Przemysław		1978	PTT Delta	GOSTYNIN	M(40-49)	7	00:22:51 (13)	00:01:00 (29)	00:39:36 (26)	00:00:56 (27)	00:11:48 (15)	01:16:11	01:16:14	21	
22	17	POCZWARDOWSKI Hubert		1989	Dynamo Sierpc	SZCZUTOWO	M(30-39)	11	00:24:23 (25)	00:00:46 (10)	00:38:27 (18)	00:00:36 (4)	00:12:05 (17)	01:16:17	01:16:20	22	
23	41	KAWKA Paulina		1991		WARSZAWA	K(30-39)	1	00:23:30 (20)	00:00:47 (12)	00:39:17 (25)	00:00:46 (16)	00:12:09 (18)	01:16:29	01:16:36		1
24	10	KWIECIŃSKI Sebastian		1977	Tri Sebus Team	MLAWA	M(40-49)	8	00:23:33 (21)	00:00:53 (19)	00:39:12 (24)	00:00:54 (23)	00:12:17 (20)	01:16:49	01:16:51	23	
25	43	ALTMAN Jakub		1985	IronJacob	PŁOŃSK	M(30-39)	12	00:22:56 (15)	00:00:57 (23)	00:38:40 (21)	00:00:59 (29)	00:13:47 (43)	01:17:19	01:17:22	24	
26	56	ZAWADZAK Zbigniew		1962	Junior LuftTri Team	WARSZAWA	M(60-100)	1	00:25:12 (31)	00:00:43 (9)	00:38:27 (19)	00:00:45 (13)	00:12:37 (24)	01:17:44	01:17:49	25	
27	78	SEKULSKI Kamil		1996			M(18-29)	5	00:24:23 (25)	00:00:48 (14)	00:38:28 (20)	00:00:46 (15)	00:13:28 (38)	01:17:53	01:17:58	26	
28	37	SZYMAŃSKI Radosław		1991	DAWAJ KALACH TEAM	DOBRE	M(30-39)	13	00:25:02 (29)	00:00:39 (8)	00:40:31 (28)	00:00:38 (6)	00:12:59 (28)	01:19:49	01:19:55	27	
29	61	RAPCZYŃSKI Witold		1970	Skaryszewskie Ciacha	WARSZAWA	M(50-59)	1	00:25:49 (33)	00:01:15 (41)	00:40:59 (30)	00:01:19 (51)	00:12:32 (23)	01:21:54	01:22:01	28	
30	46	PIANKA Jan		1977		MLAWA	M(40-49)	9	00:25:55 (34)	00:01:27 (49)	00:40:37 (29)	00:01:11 (46)	00:13:14 (34)	01:22:24	01:22:31	29	
31	68	KLEPACKI Tomasz		1956		WARSZAWA	M(60-100)	2	00:27:16 (44)	00:00:59 (25)	00:41:02 (31)	00:00:47 (17)	00:13:02 (30)	01:23:06	01:23:13	30	
32	44	LEŚNIEWSKI Andrzej		1963	Politechnika Warszawska	OSTROWIEC ŚWIĘTOKRZYSKI	M(50-59)	2	00:24:40 (28)	00:01:34 (57)	00:42:42 (38)	00:01:21 (53)	00:12:49 (26)	01:23:06	01:23:09	31	
33	59	PULKOWSKI Łukasz		1981	LKS Maków Mazowiecki	PŁONIAWY-BRAMURA	M(40-49)	10	00:24:23 (25)	00:01:23 (47)	00:43:17 (40)	00:01:09 (44)	00:13:17 (36)	01:23:29	01:23:34	32	
34	66	GULCZYŃSKI Krzysztof		1960	MOSIR	CIECHANÓW	M(60-100)	3	00:26:31 (36)	00:01:00 (29)	00:41:08 (32)	00:00:59 (28)	00:13:58 (44)	01:23:36	01:23:42	33	
35	24	NAWROT Paweł		1981	KB TKKF Promyk Ciechanów	CIECHANÓW	M(40-49)	11	00:27:10 (42)	00:00:59 (27)	00:40:30 (27)	00:01:00 (31)	00:14:44 (47)	01:24:23	01:24:27	34	
36	38	POCZWARDOWSKI Marek		1960	Dynamo Sierpc	SZCZUTOWO	M(60-100)	4	00:26:54 (41)	00:01:19 (44)	00:41:33 (33)	00:01:07 (41)	00:13:42 (42)	01:24:35	01:24:41	35	
37	64	WARCHOŁ Artur		1971	KB im P. Sękowskiego	SOCHOCIN	M(50-59)	3	00:26:47 (40)	00:01:34 (57)	00:41:56 (34)	00:01:22 (54)	00:13:15 (35)	01:24:54	01:24:58	36	
38	6	CIEŚLAK Wojciech		1993		ZĄBKI	M(18-29)	6	00:26:46 (39)	00:01:09 (37)	00:42:19 (35)	00:01:29 (59)	00:13:13 (33)	01:24:56	01:25:05	37	
39	50	MIERZEJEWSKI Wiktor		1989	KURPIE OSTROLEKA	OSTROLEKA	M(30-39)	14	00:25:27 (32)	00:01:03 (33)	00:44:53 (42)	00:01:03 (32)	00:13:08 (32)	01:25:34	01:25:40	38	
40	51	KUHN Natalia		1988	Open Balance Health Triathlon Team	ELBLĄG	K(30-39)	2	00:27:16 (44)	00:01:07 (35)	00:42:33 (36)	00:01:06 (39)	00:13:33 (40)	01:25:35	01:25:42		2

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41	52	SZNAZA Tadeusz	POL	1959	Open Balance Health Triathlon Team	ELBLĄG	M(60-100)	5	00:27:11 (43)	00:01:11 (40)	00:42:33 (36)	00:01:06 (39)	00:13:34 (41)	01:25:35	01:25:42	39	
42	5	SZPRĘGEL Jakub	POL	1992		GDĄNSK	M(30-39)	15	00:27:20 (47)	00:01:31 (54)	00:43:41 (41)	00:01:04 (35)	00:12:44 (25)	01:26:20	01:26:26	40	
43	12	PIOTROWSKI Seweryn	POL	1982		KARGOSZYN	M(40-49)	12	00:23:54 (23)	00:00:56 (22)	00:48:29 (49)	00:00:41 (11)	00:12:29 (21)	01:26:29	01:26:33	41	
44	15	SZARMACHER Artur	POL	1986	Klusia Team	MALINOWO	M(30-39)	16	00:25:12 (30)	00:01:29 (51)	00:46:14 (45)	00:01:51 (63)	00:13:31 (39)	01:28:17	01:28:20	42	
45	55	BONIEWSKI Lech	POL	1958	SP Glinojec	GLINOJECK	M(60-100)	6	00:26:08 (35)	00:02:10 (64)	00:45:36 (43)	00:01:37 (60)	00:13:07 (31)	01:28:38	01:28:46	43	
46	11	SZPAKIEWICZ Sylwia	POL	1982		PŁOŃSK	K(40-49)	1	00:27:46 (49)	00:01:16 (42)	00:43:15 (39)	00:02:56 (64)	00:13:26 (37)	01:28:39	01:28:44		3
47	14	DARKOWSKI Rafał	POL	1980	Lider Winnica	WINNICA	M(40-49)	13	00:26:31 (37)	00:01:26 (48)	00:46:48 (46)	00:01:08 (43)	00:14:31 (46)	01:30:24	01:30:33	44	
48	71	ZAJĄC Anna	POL	1994		WARSZAWA	K(18-29)	1	00:27:56 (50)	00:01:06 (34)	00:48:01 (48)	00:01:03 (32)	00:14:50 (48)	01:32:56	01:33:01		4
49	40	JURSKI Robert	POL	1982	Runners Team	WŁADYSŁAWOWO	M(40-49)	14	00:29:14 (53)	00:01:20 (45)	00:45:36 (43)	00:01:04 (35)	00:16:12 (56)	01:33:26	01:33:34	45	
50	47	LEWANDOWSKI Piotr	POL	1974	Trucht Tarchomin Team	WARSZAWA	M(40-49)	15	00:26:44 (38)	00:01:10 (39)	00:50:32 (53)	00:01:08 (42)	00:15:11 (49)	01:34:45	01:34:49	46	
51	9	KRUPIŃSKA-SZCZYGIEL Wioletta	POL	1993		WARSZAWA	K(18-29)	2	00:27:26 (48)	00:01:16 (42)	00:50:33 (54)	00:00:54 (25)	00:15:42 (50)	01:35:51	01:35:55		5
52	58	PULKOWSKA Anna	POL	1982		PLONIAWY-BRAMURA	K(40-49)	2	00:29:07 (52)	00:00:52 (17)	00:51:16 (56)	00:00:51 (21)	00:14:13 (45)	01:36:19	01:36:25		6
53	31	GAPKOWSKI Sławomir	POL	1993		OPINOGÓRA GÓRNA	M(18-29)	7	00:27:19 (46)	00:01:34 (57)	00:50:54 (55)	00:01:03 (32)	00:15:52 (53)	01:36:42	01:36:52	47	
54	30	MYSIEWICZ Jakub	POL	2002		BOGUCIN	M(18-29)	8	00:28:36 (51)	00:00:58 (24)	00:51:54 (57)	00:00:55 (26)	00:15:53 (54)	01:38:16	01:38:25	48	
55	36	SADOWSKA Elżbieta	POL	1996		CIECHANÓW	K(18-29)	3	00:31:25 (55)	00:01:29 (50)	00:49:07 (50)	00:01:22 (54)	00:16:06 (55)	01:39:29	01:39:39		7
56	49	GAWRYŚ Artur	POL	1982		NASIELSK	M(40-49)	16	00:32:30 (56)	00:01:46 (61)	00:47:13 (47)	00:01:22 (54)	00:18:30 (61)	01:41:21	01:41:26	49	
57	69	BAK Andrzej	POL	1969		STARE GRALEWO	M(50-59)	4	00:32:42 (58)	00:01:32 (56)	00:49:27 (52)	00:01:17 (48)	00:17:55 (59)	01:42:53	01:43:03	50	
58	34	BAK Hubert	POL	1991		WARSZAWA	M(30-39)	17	00:32:40 (57)	00:01:31 (53)	00:49:26 (51)	00:01:21 (52)	00:17:55 (59)	01:42:53	01:43:03	51	
59	60	NOWAKOWSKI Piotr	POL	1993		CIECHANÓW	M(18-29)	9	00:30:32 (54)	00:01:20 (45)	01:01:02 (64)	00:01:17 (50)	00:16:23 (57)	01:50:34	01:50:39	52	
60	25	PIŚKIEWICZ Agnieszka	POL	1984	Open Balance HTT Elbląg	ELBLĄG	K(30-39)	3	00:32:44 (59)	00:01:31 (54)	00:59:42 (63)	00:01:17 (48)	00:15:46 (52)	01:51:00	01:51:10		8

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61	53	TOLWIŃSKI Bogusław	POL	1968	Open Balance Health Triathlon Team	ELBLĄG	M(50-59)	5	00:32:46 (60)	00:01:30 (52)	00:59:37 (62)	00:01:25 (57)	00:15:42 (50)	01:51:00	01:51:10	53	
62	45	PIANKA MARŁĘGA Maria	POL	1971		MLAWA	K(50-59)	1	00:34:28 (62)	00:01:50 (62)	00:55:13 (60)	00:01:41 (62)	00:17:48 (58)	01:51:00	01:51:07		9
63	20	ŁEBKOWSKI Marek	POL	1975		CIECHANÓW	M(40-49)	17	00:35:56 (63)	00:01:40 (60)	00:54:10 (59)	00:01:38 (61)	00:18:53 (62)	01:52:17	01:52:24	54	
64	4	SZWED Dawid	POL	1990		WARSZAWA	M(30-39)	18	00:33:20 (61)	00:00:50 (15)	00:58:28 (61)	00:00:49 (18)	00:21:08 (63)	01:54:35	01:54:44	55	
65	21	TROCHIMOWICZ Artur	POL	1961	AKB SP 2 SZCZYTNO TROHIM TEAM	SZCZYTNO	M(60-100)	7	00:38:37 (64)	00:01:01 (32)	00:53:08 (58)	00:01:09 (45)	00:21:33 (64)	01:55:28	01:55:37	56	